Read My Book: Misadventures of a Gringo Dating Abroad

Rough draft: introduction and chapters 1-11
November 2026

Working title. Please don't share this draft.

Before you read

Thanks for reading. This is a rough draft of a short, funny memoir about dating abroad. It covers the introduction and the first eleven chapters, and more are coming. Chapters 5, 6 and 11 get more personal than the rest. Names are changed and some details are blurred on purpose. My own name appears once.

The stories are mine. I wrote them from typed and recorded notes, and used AI help for transcription cleanup and grammar. Please don't share the draft.

What I'd love to know:

1. Where did you laugh?
2. Where did you get bored or start skimming?
3. Does the narrator come across as likable, or as smug?
4. Is anything unclear or uncomfortable?
5. If you could cut one chapter, which one?

Just reply to me with your thoughts. Blunt is welcome.

Introduction: Mostly Harmless

No one said dating would be easy. That couldn't be more true when you're dating abroad and don't speak the language.

This book is first and foremost an account of my personal lived experiences dating as a now 38-year-old man from the USA (if you say US you might get into an agreement you don't want to have). I've lived in Rio for almost three years and I don't speak Portuguese, and before that I spent several years as a digital nomad. My vocabulary is still "obrigado," "cerveja," and a smile that says, "Hello, I'm mostly harmless."

The first story that comes to mind is my first "date" with a PRO in Medellín. It ended with her berating me in English, in public, for an hour, as if we were married and she'd just found out I was sleeping with her mother. I spent the entire verbal assault trying to get her an Uber home. Looking back, I should have climbed out the bathroom window instead.

There were definitely early warning signs this wasn't going to be an enjoyable date. Within fifteen minutes of meeting, she accused me of checking out a woman who was clearly on a date with someone else. I explained that the couple was directly in our eye line, since we were sitting side by side facing the restaurant entrance. I eventually talked her down, but it required switching restaurants entirely.

Over dinner she explained that she was a paid escort, which I'd have liked to know before taking her out on a date. I tried to keep dinner pleasant and told her I wasn't interested in paying for sex. That's when things went to hell. She took major offense at hearing no, as if I'd decided she wasn't worth the money, and the date turned into a verbal assault.

I just wanted to finish dinner and go our separate ways. The separate ways part was the hard part. She lived far away and couldn't afford her own ride home, and her neighborhood was so dangerous that every driver accepted the ride and then canceled once they realized the destination. My solution: drop me at my place first, then her. It certainly extended the awkward situation, but I thought I was being clever. What escalated her onslaught of insults was that I found the entire situation comical. I kept thinking about how I'd retell this story to my friends later.

She was silent the whole ride, which was a huge relief. As the car pulled away from my building, she shouted out the window:

"You need to get your terrible teeth fixed."

Joke's on her: I'd already scheduled my Invisalign appointment for the next morning.

I'd like to say this was a one-off, but it's one of many dating mishaps. I've reflected on what makes me uniquely prone to these encounters, and I'd like to blame it on being a socially awkward software engineer. In college art class, everyone discovered that I cut my nails down to a dangerous level. My logic was airtight: cut as much as possible, and you have to do it less often. The class was horrified when they saw my hands, and I was mortified.

I'm also a hopeless romantic, and I have been since before I knew what dating was. As a kid I used to wonder how I'd pull off the jacket-over-a-puddle move, where you lay your jacket across a puddle so your date can cross without getting her shoes wet. It seemed like the most chivalrous thing imaginable. Then I'd think: What are you going to do with a wet jacket? Probably leave it, right? Or have some plastic bag situation prepared to quickly collect it after the woman you're with showers you with affection.

That's been my love life in one question. Grand gestures, no plan for what comes after.

This isn't a manual, and I'm not telling you to do what I did. It's a pile of dating disasters with a few practical lessons mixed in. If a guy with no game, no Portuguese, and a Google Translate survived every one of them, you'll survive your next first date.

I know what this kind of book can sound like. The passport bro image comes to mind. I'm a gringo in a country where that helps/hurts, and I'm painfully aware of it. Hopefully the stories show that I'm a well-intentioned man looking for companionship in a foreign land. I'll let you be the judge of that.

I tend to find humor in everything that doesn't kill me, and that includes the time I was drugged and robbed in Medellín. That one gets its own chapter.

Everything in here happened to me. The names have been changed, and a few details were blurred on purpose. Anyone who shows up as a single letter is a stand-in.

So here's a glimpse into my dating life that you didn't ask for.

Chapter 1: How I Met My Wife

Since moving abroad, I've dated mostly in Colombia and Rio, almost always with no shared language. People often ask why I prefer dating in South America. I usually answer that my primary love language is physical touch, and in my experience the women I've met here are openly affectionate from the first date. The signs that she's into you are also so clear that a socially awkward nerd can detect them. It's a long glance or someone grabbing your face and kissing you.

No story illustrates this better than my longest relationship abroad. Let me set the scene.

A friend had invited me out for drinks on a random weeknight. I'm not much of a night person or a drinker, but I enjoyed spending time with him, so I agreed. I got hungry and bored at the original place, so I went across the street to have dinner alone at the bar. While I ate, I noticed a group forming. I imagined it was a birthday party. It kept growing, so I sat back and enjoyed one of my favorite hobbies: people watching.

Eventually a stunningly beautiful woman joined the group, and that's when I really started paying attention. I even remember her outfit: a white top and very blue pants. I couldn't take my eyes off her. I kept watching the social interactions and thinking about how I might approach her.

Remember, I'm a socially awkward kind of guy. I was certainly not going to walk into a group of thirty people and tell the most beautiful woman what I thought of her. I sat at the bar with a drink for a while, working out a plan. After a minute, I figured it out.

By carefully observing, I noticed one man in the group was very outgoing and friendly. He was always smiling, and everyone greeted him warmly. I watched countless people leave their conversations with him smiling and happy. At first I was a bit jealous. Wouldn't I love to be that kind of person? I assumed it was his birthday, but the joy seemed like more than a simple birthday could explain.

My idea was simple: buy this guy a drink. He was obviously the life of the party and gifted at bringing people together. (Whenever I try to plan an outing for something special, it's usually just me and my best friend joking about why the rest of our friends are lame and won't join.) Buying the girl a drink could come across as too forward, and I had no way of knowing her relationship status or whether she was with anyone in the group. Buying a man a drink seemed like a much safer option.

Executing the plan was slightly more challenging. I don't speak Portuguese, and I wanted the guy's preferred drink sent to him, with the bartender telling him it was from me. I think that's

fairly common in America or USA, but not so much in Rio. I struggled to explain what I was doing to the bartender with Google Translate. Eventually I was 80% confident he understood, and I waited patiently as my plan started to unfold.

It was a bold move. To this day, I've never randomly bought a drink for a stranger of the same sex. I watched the server deliver it, trying not to stare. The handoff took noticeably longer than I expected, which I assumed meant it was hard to explain. Eventually I saw a gesture in my direction, and I felt relief that my opening move had landed. Now it was time to wait and see what would come of it.

[T], being the incredible human he is, instantly separated from the group to come over and greet me. It was a huge relief that he spoke English. He was extremely charming, well-spoken, and friendly. That's when I realized I had bought a drink for a gay man. The plan was working, just not on the intended target.

T and I chatted for a bit, and he invited me to join their group, which I did. I was one step closer to meeting her. Now I just needed to integrate into the group and make my move. I talked with people who spoke English and passively observed the group dynamic. When I saw T speaking with her and another woman, I made a point of being introduced. It fell a bit flat. She greeted me warmly but quickly went back to her conversation with her friend. I figured she wasn't interested and kept my distance.

After a while, I noticed she went to the bathroom. We crossed paths, smiled, and made eye contact in the mirror while washing our hands. I took this to mean she was open to talking, so I simply asked if she spoke English. She said no. I whipped out my phone, and we began exchanging small talk by passing it back and forth, sort of like live-tweeting a date. It made me more comfortable, given my years of online dating, but this was a much more enjoyable version of it.

Some context I only learned later: kissing in public is fairly common in Brazil. If you have a good connection, public displays of affection are encouraged. I jokingly tell first-time visitors it's the equivalent of a handshake with more bodily fluids. These aren't pecks; they're full-on tongue battles. And if you don't kiss a woman quickly, people often assume you're gay.

The back-and-forth went on for a while. We joked that everyone thought I was gay because I'd bought T a drink, and I confessed it was a ploy to get an introduction to her. After about thirty minutes of flirting through Google Translate, she asked, seemingly out of nowhere, if I wanted to kiss her. I smiled, said yes of course, and we made out. I'd wanted to the whole time. I was just too into the conversation to think of it.

And yes, if you're asking yourself, she did eventually become my wife.

Chapter 2: Sure, Take All My Things, But Not the Camera

Not all the stories I share will be as rosy as meeting my wife. This is one of my favorite horror stories. The setting is Medellín, Colombia, home to Pablo Escobar. There's certainly no shortage of dating horror stories here. I've heard countless stories and even have a few of my own to share. This story doesn't cover me in glory, but I find it humorous nonetheless.

As with most encounters of this level of horror, it all started with online dating. I'd been talking to this girl for a few weeks. We never met, and the conversation was pretty casual. I even took a trip back to the United States to see family and buy things before returning to Medellín. We stayed in touch while I was away. There were probably several warning signs, but after weeks of talking I wasn't paying attention to any of them. I'd let my guard down, only to be KO'd in round one, to use a boxing reference.

The day I returned to Medellín, we were chatting. We said we should probably finally meet. I agreed but didn't expect anything. We had made plans casually a few times that fell through, so I more or less expected the same thing to happen this time. After arriving and getting settled a bit, I chatted her up. We exchanged a few messages. She said she was nearby and agreed to come over for a drink. This is when the alarm bells should have gone off. I was excited to be back in Medellín and didn't think much of it. It wasn't my first time in the city. I'd spent a few months there before, and I knew the dangers from stories and firsthand experience.

That night she came over to the hotel where I was staying. We greeted each other. I remember thinking she was nothing like her photos, but again, online dating is a mixed bag. The hotel required guests to show ID and be signed in to get inside, a pretty standard security measure in Medellín. I was still friendly. We chatted for a bit and had a drink.

There was a moment when I sensed things were a bit off. I hadn't yet finished my drink. I explained to her that I was tired and would probably only have one before needing to go to sleep. It was a subtle cue that I'd like to wrap this up quickly and we could meet another day. She insisted on freshening up my drink, which she made herself. I reluctantly agreed. After a few more minutes of chatting, she excused herself to the bathroom. I sipped my drink and waited for her to be done.

I never witnessed her leaving the bathroom. What I recall is waking up. I immediately noticed she was gone. I sluggishly came to my senses and realized my Apple Watch was missing. I tried to see what time it was, but I couldn't find my phone. Then it hit me: she had robbed me. I spent the next few moments taking inventory of what was gone.

She decided my very expensive DSLR camera wasn't worth taking. But my watches, newly purchased MacBook Air, and phones (both my primary and my emergency backup) hadn't been so lucky. I was pretty perplexed about why she didn't take the camera. Later I joked that it was a sign I should pick back up the hobby of photography.

I thought I had just been careless and fallen asleep. But when I realized what time it was, I understood I had been KO'd for almost 30 hours. That's when I realized she must have slipped something into the drink she made. Luckily, I was fine, apart from a bruised ego. I did feel a bit of relief that I hadn't simply been careless. Then I remembered I knew the dangers and should have known better. She was a PRO, slightly different from the one previously mentioned.

What made the situation even more grim was that after I managed to contact family and access my accounts (way harder than it should be in the digital age, when you have no electronics or phone and everything is multi-factor authentication), I realized she had also gone on a shopping spree. She spent several thousand dollars before credit card fraud protection stopped further transactions. She had even managed to access Remitly, a money-transfer app, and move thousands out of my savings account.

Fortunately, I was able to recover all the money from my accounts, but my possessions are gone. I did file a police report. They had her ID and the location (Find My Phone), but I never heard anything after that. I assume the police decided these items were pretty nice and kept them for themselves. Nothing would surprise me.

Always be careful with your drinks, no matter the environment, especially if you're around someone new. I've even heard stories of people working with bartenders to spike drinks.

While it was much harder to find humor in this situation, I did think it was funny that this had happened basically on Thanksgiving Day. I gave thanks that I hadn't been physically harmed. I also thought it was ironic that I had planned this trip back stateside to get some neat gadgets, and on day one they were stolen from me. I have a saying now: anytime I'm robbed, I say I'm donating to charity, and the police reports are tax write-offs.

Chapter 3: How Long Have You Been Dating Your Boyfriend?

So let's take a trip down memory lane, back before all this dating abroad was even a thing. I didn't start traveling internationally until later in life. That being said, the majority of my dating experience is based on my time living in Atlanta, Georgia. Hopeless romantic, Southern gentleman, raised with exposure to women. Could you ask for a more feminine man? Not to mention I'm a double Pisces. I don't know enough about astrology to know why that matters, but apparently it does. Or so they tell me.

I didn't date growing up. I was very much into video games and drawing, which consumed a lot of my time alongside normal school activities. I can't remember what age I was when I had my first actual girlfriend, but it was well after university. It's kinda wild to think back: online dating didn't really become a thing for my generation until I was in my teens.

This is a rather embarrassing story, but I'll tell it anyway. When I say I never had an "actual" girlfriend until after college, I legit mean that. My "relationships" before that were long-distance virtual ones. The first woman I considered myself in L-O-V-E with is someone I never met. I only saw photos and spoke with her on the phone. I'm certain this was a catfish situation before the show had even been imagined. I recall trying to get her to come meet me or even do video chats, with no luck.

We met on the dating app Plenty of Fish. I think it was probably the first one I used. We'd spend countless hours exchanging messages. In those days, I legit had to sit at a desktop and send messages while browsing the web. I think we "dated" for a year or two. All the details are extremely fuzzy at this point, but this was certainly not a typical first-love situation.

Why online worked for me then: I was a nerdy, socially awkward, fat kid. I was well liked, but I never had any "game," just a friendly personality. My only exposure to women in social settings was at university parties. I wasn't an amazing pickup artist at bars or clubs. This reminds me of a story from those days.

I had gone to high school with this very beautiful girl, well out of my league at that time. Basically, I considered everyone out of my league. We ended up going to the same college near our hometown. This isn't a high school sweetheart story, unfortunately. I had a huge crush but would never have bothered to ask her out. I'd see her on campus, and we'd smile and wave. I doubt we exchanged more than ten words our entire time knowing each other.

Whenever I saw her approaching our building, I always went well out of my way to hold the door open for her. I even once saw her approaching the building from a distance and did a fat man slow jog so I could get the door for her. She was always very cheerful and kind with her gaze. Apparently that was all I needed for my crush.

One night I was out with some friends at a very trashy college bar. Just cheap drinks, blah music, and a bunch of young wasted university students. You'll never believe who I saw that night. It was HER. I was just excited to see her in a social setting where I could, in theory, walk up, strike up a conversation, and then confess my love for her.

Needless to say, that didn't materialize. What did was the first of many funny stories at my expense. I went on with my night without even doing our normal greeting. It started to get pretty late. One of my good friends was buying lots of drinks for us, so that night I got a bit loose. Liquid encouragement was what it was going to take to talk to her. As I was getting ready to leave, I caught her at the bar. I smiled and asked if she'd like a drink. She excitedly accepted. We waited for her drink and just exchanged pleasantries.

I wish I could remember what I even said. I'm certain it had no bearing on what happened next. We got the drinks, I paid, and we went back to the dance floor. I made my best attempt at dancing with her. I noticed a guy looking at us. He didn't say anything, but the look on his face was, "What is this girl doing with him?" It wasn't very subtle, so she must have noticed. But instead of thinking that herself, she started making out with me. I was so caught off guard. After a moment, she came to her senses and excused herself. I glanced back at the guy. He was frozen with a shocked look. I shrugged, smiled, and walked away to tell my friends what had happened, leaving him frozen in place.

Fast forward to somewhat later in my dating life. At this point I had a good job and was in shape, so I wasn't the nerdy version of myself from that story. I was still using online dating to meet 90% of my dates. Just like with my virtual long-distance relationship, it felt very similar. I'd talk to them most days for weeks or months before it materialized into a proper date. Even then, in my experience, a man who's respectful to women rarely gets a clear sign of interest.

Of the handful of times I actually met a woman in person, one stands out. I was out with my roommate at a "bar" within walking distance of our house. We'd go there somewhat regularly because it was close. I forgot to mention this bar was a strip club. It had a male and a female side, so it wasn't just a place for sad, lonely men. Women could also enjoy it.

One night I was talking to the woman bartending. I struck up a conversation, and we exchanged contact information. We set up a date for sushi. It was unusual because I rarely go into the real world and meet women. Super excited for the date, I went, and it was seemingly going well. We

were talking and laughing. Then she asked me a surprising question. She said, and I quote, "How long have you been dating your boyfriend?" I thought I had misheard her. I said, "Excuse me?" She said, "Yes, the guy you were with the night we met. He's your boyfriend, right?"

I didn't know where to begin with my response. One, I was well out of my roommate's league, the more attractive half of this hypothetical gay couple. If only he were so lucky. Two, we met at a strip club. We met on the female side. I was certainly paying for our meal. While these questions spun around in my head, what I managed to get out was an awkward smile and "Hmm, no." I actually get the gay comment often, and I find it flattering. I assume it's because I'm attractive, well dressed, and respectful to women. We both laughed and continued with the conversation.

As we were wrapping up dinner, I paid the check, which I figured was strong evidence against her theory. Then again, I don't actually know whether gay men pay on dates with women. Somebody should look into that. Anyway, we opened our fortune cookies. Hers was something generic and forgettable. I read mine and couldn't help laughing out loud. Shit you not, it said, "You should explore your feminine side." I showed her in disbelief, and we both laughed again.

Surprise, surprise: this gay date didn't have the intended result. How could something so painfully obvious be confused? Boy Meets Girl, Boy Likes Girl, Boy Asks Girl Out. I know for certain I'll never have that specific mix-up in Rio.

Chapter 4: Are You Toxic?

In Rio, I was trying to build a business around the barracas on the beach. For those who don't know, barraca is Portuguese for tent, or any constructed stall with a tarp to keep the sun from beaming down on you. I guess. Please don't take my explanation as fact. Remember, noa fala portuguse.

To drive traffic to the barracas, I "formed" a community of gringos called Carioca Coastal Club and organized beach meetups. If you've been to Argentina or Rio, it's similar to MundoLingo, a language exchange, except the venue is a barraca, not a bar. I brought the entertainment: a beer pong table and a JBL speaker that famously got its own CPF. Foreigners don't bring a stereo cooler on vacation. I infamously did, on a trip to Cancún.

I hosted several of these, but one stands out. It was a very blah beach day: no theme, no table, just an American football (a novelty in Rio) and my speaker. As always, my friends came, and we slowly accumulated what I fondly refer to as randos.

As host, and out of my own need, I try to bring women into the group. A lot of the gringos who show up want to know where the hot women are, and I smirk every time one of them asks. The women who come tend to be more reserved. Just like a man, I'll offer my opinion on this: if I were almost naked on a beach, I'd be picky about where I set up shop too.

I also have deeper, better conversations with women. Whenever more than two guys hang out, it slowly turns into a jockeying contest to be the alpha, and I find that very uncomfortable. Most of my closest friends are men, and they're different in the same way I am. Still, I'll often do yoga or find any excuse to leave and talk to the closest group of women.

On this particular day, we were throwing the football. I noticed a girl in a brown bikini, in a group sitting close to us. I'll call her B. I found her attractive, so I made sure to look that way, make eye contact, and smile: Hello, I'm mostly harmless. Come throw the football with us. B was pretty lukewarm. But her friend gave me the signals.

I remember I was trying to get B to throw the ball. She tried halfheartedly, gave up, and went to talk to her friend while I tried to give my Patrick Mahomes impression. I saw them talking. Then I realized the friend, who I now found more attractive, was giving me vibes that she was interested. She eventually came up to me and asked to learn to throw the ball. It was very cute, and I gladly attempted to teach her.

After that, she and her friends joined our group. That's always the hardest part. It reminds me of beach days with my ex-wife. That's right, I ended up divorcing my wife from Chapter 1. I'd bring

her along, and I enjoyed the beach more because a woman was already in the group. I didn't need to outsource it.

At some point, I exchanged contact information with B's friend, the one I "really" taught to throw a ball. I knew all the single men would take their shot at her. I sent her a message: "Nice to meet you. Make sure you choose the right one." Maybe an hour went by. I was sitting facing away from her, talking to someone. Then suddenly someone interrupted my conversation. She was standing over me, looking down, and said, "Are you toxic?" For a moment I thought, where did that come from? Then I noticed the phone in her hand. She had read my message.

I was able to connect all the dots in almost real time, despite the fact that she had legit interrupted what was sure to be an intriguing conversation. I said, "Yeah, a little bit." She smirked and started to kiss me. What really made this moment stick in my mind: almost instantly after our kiss, she went back to what she was doing. My friend R rushed over with a huge smile on his face. I don't remember the exact words, but it was something like, "Dudeeee, right after she kissed you, I started kissing the girl in the brown." (That was B, the girl I originally fancied.) I smiled, laughed, and did my little shrug.

What made it even better: I enjoyed the day a little too much. I don't normally drink much. It's Rio; it's dangerous enough without being the sloppy drunk trying to get home. I also normally take everything I own to the beach. I guess being drugged and robbed taught me that I can lose it all and still be okay.

I woke up the next day and typed in the group chat I use to organize all the beach meetups, over two hundred people, thanking everyone for the nice time and saying that I was so drunk I didn't even remember getting home. Less than a minute later, my best friend C responded: "All I remember is you making out with the hottest Argentine girl." We joked afterward that we're in so many groups together that he responded as if it were a conversation between the two of us. It was slightly more than the two of us.

Chapter 5: Neighbors Know My Name

I know what all this is starting to sound like: dating advice from a pickup artist. I want to make clear that's not the case. This is the only time I'm going to address my opinion on the subject of meeting or "picking up" women. I attribute any appearance of success to the fact that I'm very comfortable in my own skin.

The only advice I want to provide in this book is this:

MEN, you need to fix YOU before there can ever be a YOU + 1.

If you're reading and interested in that, I'm certain there are plenty of other books out there for you.

I debated whether to include this part of my life in this book, but I'm bipolar. I know you're thinking, what does that have to do with anything? Guess I lied twice. The intro said this was just a random dump of dating stories. But what I've come to realize is it's more about me expressing my life in a humorous way. Who doesn't love a rom com.

Does being bipolar affect dating? In a single word: YES. But that also depends on your definition of hinder and dating. Brazilian dating terminology would require an entire book to explain. I'm going to step over that huge elephant in the room and focus on the ways it hinders me [Vincent].

The most obvious one is when there are major depressive episodes. There are times when I'll sleep for multiple days in a row only waking to do a small bit of life admin before sleeping again. Surprisingly, the women you're "dating" aren't fond of you disappearing for any length of time. I'm sure I don't need to explain this to anyone who's married.

Also, bipolar isn't something people usually include in their dating profile. But I often post about it. I even had it in my IG bio for a while. Might not want to go around talking about it on a first date as well. The taboo of this subject is so strong that it can drive away close friends.

In the next chapter I'll discuss the countless other reasons why this would be a huge RED FLAG in dating. But the important bit is that I work every day to overcome these personal limitations in my own life, independent from anyone else.

My diagnosis didn't come until later in life. I had just ended my first very serious relationship in Los Angeles. I think the separation affected me much more than I realized at the time. I started what is referred to as a manic episode ramp-up: multiple days of escalating, chaotic behavior.

It eventually got so bad that I needed to admit myself to the psych hospital. This experience was extremely traumatic. Not for the reasons you'd think. I have a lot of strong opinions about mental

health (that's why I have the butterfly tattoo on the back of my neck), but I won't share them here. What I will say is that the system isn't designed to help. It's set up for people with the means to pay indefinitely for meds. There's also very little consideration for the problems affecting the individual person. (don't like the sound of this)

At this point I've surely lost you. When did this change from funny dating mishap stories from a misinformed gringo? And you're right, back to regular scheduled programming.

One day at a Carioca Coastal Club meetup, I was really enjoying the SUN (I'll use this as code for what we in the industry call being cross-faded). Cross-faded is when you're high and drunk at the same time. It's an interesting dynamic to hold in public. I normally end up making a fool of myself when I'm like this.

This day was chill. A few of the regulars showed up. What was special about this particular day is that a regular brought a very beautiful friend, [M], with her. I was curious to meet this new person. While I'm not particularly close to the friend who brought her, I'd consider us friends. I wasn't going to hit on [M] and make the dynamic awkward.

I thought I greeted her normally, per usual. My memory is extremely foggy here, so take all this as a cross-faded person's account. I asked her to be our DJ for the day. I listen to endless amounts of my own music, and it's nice when someone shares the DJ duties so I can relax. Hosting is a full time job and doesn't pay well. I was extremely reeeeelaxed this day.

A few weeks later, I invited [M] on a date after confirming with my friend that she'd be interested. On the date, [M] told me my memory of us meeting didn't go the way I had thought. I said, "Ohhhh, I was cross-faded that day. What embarrassing thing did I do?" I remembered falling, but it was a difficult position to get up from, sitting in the sand. (Not even with all my years of yoga would I have been able to pull it off easily, sober.) She told me that at some point I'd kissed her shoulder. She asked our mutual friend, "...What's wrong with him?"

I couldn't help but laugh at myself. I vaguely remember doing this, but I thought it was a quick peck. In her account, it was a full-on Brazilian make-out with her shoulder. Apparently Rio life has rubbed off on me too much, thinking it's okay to make out with a shoulder.

Needless to say I was pretty embarrassed on that date. Oddly enough, we discovered we are neighbors, and now my neighbors know me as Shoulder Kiss Guy.

Chapter 6: Japan

I haven't told you this yet: I've had three major manic episodes. Two happened while I lived in LA, and one happened abroad, in Japan. They were all uniquely terrible, but Japan is the one that still resonates with my family and close friends, and it's by far the worst.

Speaking Portuguese seems like child's play compared to Japanese, and I think that's part of what made this episode so much more frightening. I wasn't just abroad. I was about as far from home as possible, in a place that's the opposite of the USA in almost every way.

If you've made it this far, here's the part I don't tell on first dates.

All of my episodes have had one symptom in common: I become extremely paranoid. In Japan, I became convinced that the college friends who'd come on the trip with me were being controlled by Japanese gangsters. I stopped contacting anyone back home because I was afraid the mob would do something terrible to them.

I don't think I've ever told anyone this next part. I had also convinced myself that a gang in Brazil would kidnap my girlfriend who lived in Rio if I tried to contact her.

I can't recall how many days I was in that state. I think it was a week or more. I remember carrying everything I owned around Tokyo, sleeping outside for multiple days. I was so paranoid I couldn't even use my credit cards to get a room, because I thought they'd take all my money, or worse.

I only got home when I trusted one of my friends enough to reach out. I was still extremely paranoid, but I put the paranoia aside and trusted him to help in this difficult situation. In some ways, he saved my life. Unfortunately, we aren't even friends anymore, and that deeply saddens me.

I also lost the relationship with the girl I was dating at the time. She is the one I considered my first girlfriend abroad, and she ghosted and blocked me. Thinking back, I took that harder than the entire episode. I was having one of the worst experiences of my life, and I was still worried about her safety and well-being, even though I was the one in danger. I stayed silent to protect her. She heard silence and left.

It's very easy to explain a blackout-drunk night socially. There's a clear reason: you drank too much and can't remember what you did. Maybe it gets you nicknamed Shoulder Kiss Guy, or you get into a fight with a family member. The next day you sober up, acknowledge what happened, and try to move on with whatever relationships it affected.

A manic episode doesn't work that way, in my experience. Most people probably think you're fucking nuts, and that you belong in a hospital. The ones who don't think that take a long time to shed the trauma of seeing you in that state. I understand this. My mother and sister took it extremely hard.

I've told this story more times than I can count. It cost me a relationship, a friendship, and a lot of money. But I don't let it dictate how I live my life. It also taught me one thing: even your chosen family will struggle with an extreme manic episode. That goes for dating and for having a partner.

I'm perfectly okay talking to anyone about this experience, but it needs to happen in person.

I want to thank everyone who helped and thought of me during that time. I couldn't appreciate it then. Sometimes at your lowest point, you feel other people's love the strongest. Extra gratitude goes to my family and my close college friends.

I hope my future wife reads this book and truly understands what my life was like before she came into it.

Chapter 7: Never Date A Comedian

Before actually living abroad I tested the waters with numerous international trips. My first love was Ecuador. One of my best friends is Ecuadorian, and The Carrollton Crew organized a trip to see his country. There's probably multiple chapters worth of content on these Guys Trips.

These trips sparked something in my soul that I had always felt was missing. So many new experiences. When I was young and poor, I never could understand why people would spend so much money "traveling." I'd think... you spend how many thousands of dollars? What do you have to show for it? A few pictures of yourself in front of things I can easily google and see for free? Count me out.

One of the most unique dates I've been on happened in Edinburgh during what's called the Fringe Festival. One of my besties [a] lovesssss this festival and trip. Sometimes, months later, he's already planning next year's trip. His enthusiasm about it is what makes me truly enjoy going. He even convinced me to visit Munich in Germany. I think I bitched the entire time about how much I didn't want to be there.

These trips slowly became how I anchored my whole life. When was the next Guys Trip abroad? After the Japan trip these haven't happened. I'm hoping that the next one will be everyone coming out to visit my new home in Rio. Cough cough, fellas... March 17, 2027, seems like a good time to visit. Just saying.

Those trips are the reason I said yes to things I never would have at home, like getting pulled on stage in front of strangers. South America rubbed off on me in other ways, too. I'd picked up a new hobby: petty theft. Nothing serious, just the occasional apple or something small I could easily have paid for. Don't worry, I don't still do this... much.

The Fringe Festival is one of the biggest comedy festivals in the world. Lots of comedians go there to test out their material or make a name for themselves. It lasts several weeks. This date was memorable because it was done on stage as a part of the comedy show called *Never Date a Comedian*. If this book ever gets me into comedy maybe one year I can be one of the comedians you wouldn't want to date.

After all my other dating experiences this wasn't as scary as you'd imagine. They pulled people from the crowd (most of whom had been prearranged) to come on stage. They asked some questions about you, made a few jokes, and introduced the comedians you'd be interviewing for a date.

When it was my turn, they pulled me on stage, my friends cheering the loudest. I used to have stage fright, but I was surprisingly comfortable being on the stage. It did help that I was sitting and the host was doing most of the question asking. I remember thinking, I hope one of them is pretty. Another opinion you didn't ask for: I rarely find female comedians funny. The ones who are aren't what I'd consider my dream match.

I don't consider myself to have a type, per se, but there are certain things I value more than others. A friend I was getting to know once asked, "...what's your type, physically?" In mixed company I answer, "I can find many things beautiful in a woman. What does it for me is what she's most proud of about herself. That's usually where my attention goes." If they press harder, I simply say bunda now.

The nerves didn't really kick in until they started bringing out the comedians. One by one they came out. I would smile and nod in approval. I suddenly became very aware that my expressions were under a microscope, not only from them but from the audience too, who were now focusing on how I interacted with them.

Something you can't exactly see when reading this is that I have an extremely expressive face. It gets me into a lotta trouble trying to hide my emotions in real time. There are numerous photos of me passively judging someone with my eyes. I quickly reminded myself of this fact. I started to feel a bit more nervous than at the start.

Thankfully, to my relief, the last comedian was someone I fancied. I thought she was cute, but not my usual type.

Each comedian started with a greeting/introduction to be funny and start a conversation. Each woman said her bit, I engaged and faked as much interest as I could, and then the next would go. The last one to go was my preferred choice. I won't say exactly how she chose to introduce herself, but she invited me on a tandem bike ride as a getaway from a crime.

As an opener, she couldn't have chosen a better one. Given my new hobby, it triggered an almost instant response to her question: "...Are you down?"

Without skipping a beat, I simply asked, "Front or back?" The crowd let out a huge laugh. Even the hosts, who were comedians themselves, couldn't help but laugh. I felt like I had come a long way from the days I put my foot in my mouth.

After the show we went on a very pleasant date. At some point I'll dig up the photo of the two of us, me overly cheesing with my fucked up teeth.

Chapter 8: Sand Over It

Besides Chapter 1, none of the dating stories so far amounted to a serious, committed relationship. Some were a one-off kiss out of nowhere. Others were casual flings. They're entertaining to recap, but they didn't exactly make me feel cared for or SEEN.

I'd like to offer the readers a little hope, if you want it. Life doesn't have to be an endless game of Firsts (first date, first kiss, first argument). I wasn't sure how I'd write about this one, but I've come to find out the person in question has blocked me, so I can basically say whatever I want about her. What I want to say is that she's great.

That's the interesting part: we never had a fight or a serious disagreement. For whatever reason, it just didn't work out. It was confusing to hear, at the time, that she wanted to end things. Deep down, I could also feel something was missing. The spark wasn't there, but I was willing to try different fire-starting techniques, to use a bad metaphor.

Let's call her [M]. I had finally found someone who not only spoke English but was in fact an English teacher. It was the first time I could see a legit future with someone since ending things with my ex-wife.

I'll quickly share how we met, because it was humorous to me on a lot of levels. I met [M] on a dating app. We exchanged a few messages in Portuguese, obviously with me using Google Translate. Once I noticed we had a decent conversation going, I asked her to go off the app, basically to talk on social media or exchange WhatsApp. She responded that she'd rather keep talking on the app.

I gave it my best attempt at humor in Portuguese and said something like, "I'll make an exception for you and keep using the app." Suddenly the conversation went cold. I didn't think much of it. This happens often when online dating. You can get blocked or unmatched at any time, for any reason. It really starts to feel like white noise.

Fast forward a week or two. I open the app and whose message do I see? [M] had sent me a message saying hello, she'd just seen me walking down the street. In English. That seemed odd. Why would someone who "ghosted" me reach out in English, and also know what I look like well enough from photos to notice me on the street?

We exchanged some messages and agreed to grab some food that day since we were both free. On the date, I asked how she even knew it was me. She said she'd heard the News Stand Guy greet me by name. It was near my house, so I went there often.

Then the topic of why she originally didn't keep the conversation going came up. She said the way my message about making an exception for her came off in Portuguese seemed rude. I was honestly shocked, but I didn't linger on it. Internally, I was thinking: thank God she didn't know me as Shoulder Kiss Guy. That would have been much easier to interpret as rude, and that one happened in person. Fair enough on the translation, though. Google Translate and I have made enemies before.

This story will always stick with me because not speaking the same language wasn't the problem here. It was that we couldn't fully express ourselves with one another. We lasted about eight weeks.

This was fairly recent. I'm almost 40 at the time of writing, and I'm very much at the stage where I want a serious partner. I don't want to speak negatively about dating in Rio. I love this place with all my heart. But it does offer some very interesting hurdles. I consider Rio the Las Vegas of South America. It doesn't only bring party-loving tourists from all over Brazil. It brings them from the entire world.

Like I said, I'm not a big partier. I know most of these stories have included alcohol, but I'm actually a pretty health-conscious person. Alcohol is a depressant, so it can trigger depressive episodes. Don't get me wrong, I let my hair down every now and then. It's by no means the norm.

Here's why I think dating in Rio is difficult for me: I'm someone who loves a sunrise because I woke up for it, versus someone who's been out all night and happens to see it. There's a "what happens in Rio stays in Rio" mindset. Most expats living here don't think like this. Sure, it would be fun to live like it's a constant party. But who's gonna pay the bills?

I said early on that I'm divorced. The most obvious reason we're not together is that I cheated on her. That's the danger of all this: a seemingly innocent day out can end with you kissing someone you shouldn't. But it's a lot more nuanced than that. I'd like to take a minute to describe why that relationship ended. You already know the story of how we met.

In the beginning, things were casual. After a few weeks of seeing each other, I told her I was enjoying it but couldn't see it becoming exclusive until one of us learned the other's language. Props to her, she's basically fluent, while I'm still struggling to get out the simplest of Portuguese words.

Over time we kept getting closer, and I started to change my opinion. She was improving every day, too. After about two years, we decided to make it exclusive. That was the beginning of the end. While we'd been casual for almost two years during my Digital Nomad phase, we seemed to have amazing communication. Sure, we had our issues, but we always found our way back to each other.

Looking back, the two relationships are mirror images. With my ex-wife, I could barely speak her language and we still communicated amazingly, until we got serious. With [M], we shared a language, but I still didn't feel like we truly understood each other.

I genuinely wish her the best. The Dutch have an expression for moments like this: *zand erover* (sand over it). Luckily, I live in Rio. We have plenty of sand.

Chapter 9: Shirt As An Umbrella

If you've made it this far, I'm truly grateful you're enjoying the read. I'm starting to realize that if this becomes a hit, any future dates will have an actual book on my dating history. I've had exes read my journal in the past. That was with my terrible handwriting. I joked to myself that if someone is willing to read that, they must really care about me.

This chapter is for my future wife. If I decide to get married. Or my next serious relationship. I'm hoping that nine chapters in, you've gotten a pretty holistic view of who I am/was at the time of writing this. One of my inspirations for this book is *Modern Romance* by Aziz Ansari. I've always enjoyed his comedy, so when a friend recommended I read his book, I jumped at the opportunity to hear him narrate it. Any excuse to be lazy and avoid actual reading.

What I enjoyed about his book is that it described how men in my generation feel when it comes to dating. I highly recommend getting a copy. It also made me sad, because most of the content made me feel sad about the current state of things. I'd love for phone calls to become a thing again, just to humanize the person you're speaking with.

I've noticed a lot of the problems I've had growing a relationship slowly could have been solved with a phone call. It's much easier to establish a pattern of only using written words to communicate. While I think this is great, it sets a bad pattern. The other person also has the same autonomy to be unreachable. But when you're getting to know someone, it should be all-encompassing if possible: in person, FaceTime, phone calls, voice notes. The more data that isn't written, the more useful. This is doubly true for me.

One of my best friends once quoted that the best relationships are when both people are interdependent. I hope I'm remembering that right. Each has their own life outside of the other, but there's a healthy overlap of shared experiences.

What does the ideal partner look like for me? Very much a dating profile question. Let's see if all my years of filling these out were helpful. It's a seemingly difficult question, but for me I think it's simple. I only need healthy communication and empathy for each other. I think everything else can be improved. Here's what I refuse to treat as deal-breakers.

I strongly reject any of the superficial standards I've heard guys my age say. She must be young, fit, no kids, with a good-paying job. Sure, all that would be good. But time changes all. One day these things might not be true. Are you going to pull a Leonardo DiCaprio and drop them before they turn a certain age?

So, future wife, I actually don't like calling you that. Let's call you my muse. To my muse, this chapter is all about you. If you mention petty theft, or how your heart broke for me while you read certain parts, I already know you care more than most before even getting to truly know me. If you really want to steal my heart, you'll ask me about my date where I took off my shirt to use it as an umbrella. I really want to become the man who puts jackets over puddles.

Chapter 10: Love at First Sight

This cliché phrase is how young me always thought love worked. You see someone, you like them, and that's the end of the journey. Married, with the white picket fence. Boy, was I wrong.

Per usual, this phrase reminds me of a time I couldn't see the girl I asked out at all. Let me explain. While I was living in Atlanta, I was a big runner. I'd run at least a mile a day, if not more, but never any long distances over 10K.

One day I went for my run on the BeltLine, where most people in my Atlanta neighborhood would go to run. It's basically the orla in Rio, but without a beach. This day, I forget what happened; my memory is a little shaky on specific details. I think I decided to go for a run without my contact lenses. I couldn't be bothered to put them in. I knew where I was going, so it wouldn't be that big a deal.

For those who don't know, I'm extremely blind. I can only see clearly to about the fingertips of my outstretched arm. I'd never attempt a no-contacts run at night or somewhere new, because it could be extremely dangerous. When I run, I like music, and not just in my headphones.

I'd carry my UE Boom portable Bluetooth speaker. It had several useful benefits. I could sing while running, and the music would mostly drown out my terrible voice. It also warned people with their backs to me that I was approaching, and they'd often shift to let me pass. This day, it surprised me by helping me meet a woman, something I never imagined happening, since I was basically blind.

I had never met anyone in my countless hours running on the BeltLine. I was focused on the run, not on meeting someone. Plus, being super red-faced and sweaty probably isn't the best first impression. While I was running, I passed a woman, also running, who I imagine was attractive. I probably didn't even attempt eye contact. What's the point? I can't see her eyes anyway. I remember the color of her clothes and her hair.

We passed each other and I didn't think anything of it. Since I was running with music, people often look in my direction, so that wasn't any indication she was interested. It's hazy, but at some point we ended up running in the same direction at the same pace. I think I overtook her at some point. She was fast, so I remember it taking a lot of effort.

After passing her, I was a little tired and slowed my pace. I noticed she had also slowed down. If she had kept her pace, she would have passed me again quickly. I kept running, aware she was behind me, watching. I thought, mmmm, I have no idea what she looks like. I could only see well enough to make out fuzzy shapes.

Some time went by and she was still behind me. I'd recovered some energy from overtaking her, but I decided to walk so I could talk to her as she passed. This time when our paths crossed, I asked her if she liked the music I was playing. I was the DJ for our run. She smiled, I think. I couldn't see her face well. She said yes, we talked for a minute, and we exchanged numbers.

When we were about to part ways, I confessed that I was running blind (literally). She laughed and said, "Huh?" I explained the contacts and my terrible vision. I might have said, "See you later, beautiful," while gesturing to my eyes.

Chapter 11: Dez Cerveja

When my ex-wife and I separated, I took it very hard. People deal with grief in interesting ways. I took the drink-the-pain-away approach at first. I didn't want a logical mind that tried to explain why things with the love of my life didn't work out.

Remember I told you Rio is like Vegas. That makes it a great place for a rebound but a terrible place to actually lick your wounds. Armed with only a broken heart and a healthy drinking problem, I went headfirst into dating again.

I'm not proud of this, but it didn't take long for me to "move" on. One night in particular, I was out drinking with my friend, discussing the breakup and how it was making me feel. We started talking with a group. I found one woman attractive. He made the introduction and began doing the job of being my translator for my flirting.

I don't remember what was said, but she agreed to come back with me. I warned her my ex's stuff was still in the apartment. She didn't seem bothered by that. It's really ruthless out here in Rio.

We started being intimate, and that's when I realized a biggggg problem.

She was very built, almost a bodybuilder physique. I'd never been with someone more muscular than me. Apparently there's an interesting thing that happens when women use testosterone to build muscle. I was now looking at one of its side effects, and I had a mini panic attack. Had I just taken a trans woman home? How did I not know? Upon a more thorough investigation, I confirmed she was indeed a woman, but I couldn't shake the original shock. We didn't hook up that night.

The next morning I messaged the friend who introduced us and told him what had happened. He laughed and said she had mentioned all of it to him while they were talking: the testosterone and what it does. Of course, this flew over my head at the time.

Not having actually finished my "mission," I went back out on the hunt. This time at the beach. I was a little scared. I thought to myself the best way to avoid bringing home someone questionable is to see them in their bikini. Surprisingly, this is also harder than you'd imagine, since your senses are impaired.

That day I spent doing my favorite things, relaxing on the beach. But today I was exceptionally lonely and getting drunker than I usually would. I was buying beers from the barraca ten at a time. This was before I realized you could simply return the ones you didn't drink.

Once I felt myself getting a bit too drunk to be in public, I looked for someone to give my beers to. Unfortunately, I had just ordered ten, and I really shouldn't have kept drinking, especially alone. (For the record, I gave most of them away.) I looked around and saw a beautiful woman alone. I had seen her before but couldn't be bothered to Google Translate-flirt with anyone that day.

I approached her with the giant bucket of Heineken. I asked if she spoke English, and to my surprise she responded in perfect English. I lit up. I had found my drinking partner. At this point my goal was only to give her the drinks and leave. I said, "Want ten beers!?" She said yes and laughed. I put the bucket down, then went to collect my things to leave.

I fully intended to just leave, but it was still nice out and I wasn't done enjoying the beach. I went back with my things to ask if I could join her. She said sure, almost surprised I asked. Who drops off ten beers and leaves? It's the worst pickup approach ever.

My fondest memory of this interaction was what happened next. We talked. I explained everything about my breakup. She was very understanding and warm. Then she asked to read my palm. I thought it was cute. What information could she get out of me?

She began to read my palm, saying some generic stuff. Then she uttered something that still makes me tear up to this day. She said, "I can see that you recently lost a baby girl." Being drunk and totally shocked, I couldn't fight back the tears.

My ex-wife and I had lost a baby less than a month before. I'm normally opposed to any displays of emotion, as you can tell in Chapter 6. But this really fucked me up. All the sadness I had been hiding came rushing to the surface. I was fully crying, with a stranger on the beach holding my hand.

Bless her heart, she just comforted me until I could regain my composure. I still can't thank her enough for that special moment. After the beach, we went home together. I never saw her again after that night.

I have a puzzle piece tattoo on my right arm. My ex has the other half. While we were in bed together that night, the palm reader mentioned the tattoo and expressed interest in doing one together. As I cuddled her, stroking her arm, I jokingly said, "That's an entirely too intimate thing."

I'm still looking for my next puzzle partner.